



For Adults Living With Narcolepsy

## Talking About Your Treatment With WAKIX

After starting your treatment for excessive daytime sleepiness (EDS) or cataplexy in narcolepsy with WAKIX, it's important to talk to your healthcare provider about how you are feeling. Be sure to share any questions or concerns that you have about treatment and tell them about any improvements—whether big or small—as well as any side effects you notice. **Prepare for your next appointment by using the check boxes to prioritize the topics you want to discuss. You can fill out the notes section at the end with any additional topics you want to ask or talk about.**

If you want to talk about **HOW WAKIX IS WORKING**

### SHARE

- Any changes you've experienced since starting WAKIX
- Any progress you've made toward your treatment goals since you started WAKIX
- Any questions about how effective WAKIX may be at treating symptoms of EDS or cataplexy in narcolepsy

### ASK

- How will I know I'm responding to WAKIX?
- How can I track my EDS or cataplexy symptoms?
- How long could it take for my EDS or cataplexy symptoms to improve with WAKIX?

If you want to talk about **TAKING WAKIX AS PRESCRIBED**

### SHARE

- Anything that has been challenging about taking WAKIX as directed
- Any challenges you experienced if your healthcare provider made changes to your dose
- Any potential side effects you may be experiencing

### ASK

- What should I do if I miss a dose?
- How long will it take to get to the right dose?
- Now that you feel I'm at the right dose, what can I expect?

### Indications and Usage

WAKIX is a prescription medicine used to treat:

- excessive daytime sleepiness (EDS) or cataplexy in adults with narcolepsy.
- excessive daytime sleepiness (EDS) in children 6 years of age and older with narcolepsy.

### Important Safety Information

**Do not take WAKIX if you are allergic to pitolisant or any ingredient in WAKIX, or if you have severe liver disease.**

**Please see Important Safety Information continued on the next page and accompanying [Full Prescribing Information](#).**

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If you want to talk about **BEING MORE INVOLVED IN MANAGING YOUR CONDITION**

**SHARE**

- What you need from your healthcare provider
- Any needs you have for transportation, financial, or emotional support
- Any questions about virtual appointments
- Any questions or concerns you have

**ASK**

- What do I do if I have questions about WAKIX between appointments?
- In addition to taking WAKIX, what else can I do to help manage my EDS or cataplexy?
- How can I get support if I need it? (eg, emotional, financial)

**List current medications and any other details** (dosage, frequency, etc.):

**Notes** (write down additional questions you want to ask and things to remember to do after your appointment):

**Date of next appointment:**            /            /



**Bring this guide with you so you'll have it ready for your next healthcare visit—you could also take pictures of your answers or email it to yourself as well.**

**Important Safety Information (continued)**

**WAKIX can cause a change in the electrical activity of the heart known as QT prolongation.** This is a heart rhythm problem that can lead to an abnormal heartbeat. You have a higher chance of getting QT prolongation if you have certain heart or other medical conditions, or if you take WAKIX with certain medicines. Tell your healthcare provider right away if you have a change in your heartbeat or if you feel dizzy or faint while taking WAKIX.

**Tell your healthcare provider about all your medical conditions,** including if you have any heart, liver, or kidney problems, or problems with blood levels of your electrolytes, such as potassium or magnesium.

Please see Important Safety Information continued on the next page and accompanying [Full Prescribing Information](#). →

## Important Safety Information (continued)

**Tell your healthcare provider about all the medicines you take or plan to take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Taking WAKIX with certain medicines may cause side effects or affect the way each other works.

Hormonal birth control methods may not work while taking WAKIX. Use an alternative non-hormonal birth control method during treatment with WAKIX and for at least 21 days after stopping WAKIX.

**Tell your healthcare provider if you are pregnant or planning to become pregnant.** You are encouraged to enroll in the WAKIX pregnancy registry if you become pregnant while taking WAKIX. The registry collects information about the health of you and your baby. To enroll or obtain information from the registry, call 1-800-833-7460.

**The most common side effects of WAKIX in adults** include insomnia, nausea, and anxiety.

**The most common side effects of WAKIX in children** include headache and insomnia.

These are not all the possible side effects of WAKIX. Call your healthcare provider for medical advice about side effects.

It is not known if WAKIX is safe and effective to treat excessive daytime sleepiness in children under 6 years of age with narcolepsy or to treat cataplexy in people under 18 years of age with narcolepsy.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088. You can also report negative side effects to Harmony Biosciences at 1-800-833-7460.

**Please see accompanying [Full Prescribing Information](#).**